



Harvest of Hope: Eat well, do good

This term, some Pinelands staff piloted weekly organic vegetable collections at PHS, grown by home and community gardeners from Philippi and Khayelitsha. We were thrilled by the quality of the vegetables and the service provided by the Harvest of Hope (HoH) team. Harvest of Hope helps create local sustainable jobs by supporting small farmers with training, seeds and finding markets for their products, so our purchases help local gardeners from poor communities earn a regular income.

Why don't you join us in January?

You get a weekly delivery of seasonal organic vegetables that are picked that morning - how is that for fresh! You decide on sizes: small (+/- 7 types of vegetables) at R65/week or medium (+/- 11) at R95/week. Deliveries happen every Tuesday afternoon between 3-4pm during the school term and you can opt into or out of the scheme on your schedule.

Sign up now for deliveries on 19 and 26 January (even if it is only for a two week trial). **IN ORDER TO HELP US WITH PLANNING WE NEED YOU TO SIGN UP BEFORE FRIDAY, 18 DECEMBER – YOU DON'T NEED TO PAY UNTIL 15 JANUARY.** (If you miss the deadline of 18 December you can sign up later, at any time.)

To sign up send an e-mail to Don Shay at dons Shay@mweb.co.za and he will send you the registration and payment forms, or call Don at (021) 532-2433 (daytime office). More information is available at www.harvestofhope.co.za or from the HoH office at (021) 371-1653.

If you want to have a look for yourself come to the reception area outside the Kent Hall on a Tuesday between 3-4pm to see the quality and variety of vegetables.

We are also looking for 3 parents or guardians to volunteer to run the scheme on Tuesday afternoons next year – about 1.5 hours a shift. Contact Don if you have questions or are interested.