

Pinelands High School

Extra Mural

In accordance with the Mission Statement committing the school to an all-round education, Pinelands provides a full programme of extra mural activities for its learners. We have found the educational value of this programme to be of enormous benefit to both learners and the educators who work with them. Lessons learnt outside the classroom are often more valuable in teaching individuals about themselves than those learnt within the classroom, and we pride ourselves on being able to offer a variety of activities to suit most people.

OFFICIAL SPORTS AT PHS FOR WHICH COACHING IS PROVIDED *(All sports are offered for boys and girls unless otherwise stated.)*

SUMMER	WINTER
Basketball	Cross Country
Cricket	Golf
Indoor Hockey (girls only)	Hockey
Swimming	Netball (girls only)
Tennis	Rugby (boys only)
Water Polo	Squash
	Soccer (boys only)

NON-OFFICIAL SPORTS FOR WHICH COACHING MAY BE PROVIDED

Touch Rugby	Soccer (girls)
Indoor hockey (boys)	

SOCIETIES AND CLUBS SUPERVISED BY THE SCHOOL

Choir	Chess Club	Christian Union
Wind band	Cabaret	Muslim Students' Association
Jazz Band	Debating Society	Interact
Flute, Brass and Saxophone Ensembles	School Newspaper	Junior Society (grade 8 and 9 only)
Marimba Band	Ballroom Dancing	

“FLEXI-ACTIVITIES” IN 2006/7

Hip-Hop Dancing	History society	Outdoor club
Photographic (Exposure)	Urban Society	Film Society

In addition, the school stages an annual dramatic production, in all aspects of which the learners are involved (acting, set construction, backstage, makeup, sound and lighting, publicity etc). These have become known throughout Cape Town for their levels of professionalism and excellence seldom seem in other school productions. Many of our learners continue their studies in drama once they have left school, largely as a result of the exposure they enjoyed here.

On their own initiative, learners have been involved in producing very successful Cabarets, One Act Plays and other events in which their talents have been showcased.

GUIDELINES AND PRINCIPLES

All activities should be considered to be of educational value

The ethos of the school must be considered when an additional activity is proposed.

All grade 8 and 9 learners are obligated to be involved in one full activity in summer (first and fourth terms) and one full activity in winter (second and third terms).

An activity will be regarded as full if at least two hours per week are devoted to that particular activity. From a sports perspective, the learner must attend all practices and be eligible for all matches as organised by the particular Head of Sport.

The learner will have fulfilled their obligation if they are involved in two half activities per week i.e. each half activity involves at least one hour each.

All activities must be sanctioned by the Head of Sport and Head of Cultural Activities together with Steercom (presently the Principal and Deputy Principals).

Sanctioned activities must be financed by the School and budgeted for in the annual budget.

Allowance may be made for a learner to be exempt from the above if that learner is fully involved in an activity not sanctioned by the School and for which that learner is representing South Africa.

Information regarding which activities are officially sanctioned by the School must be released to the learners by November 1 of the previous year.

An activity may be considered as “Flexi” and the organisation of such an activity will depend on demand.

All activities are subject to the availability of funds and sufficiently skilled and appropriate facilitators.